



## Supports Provided by TeamHEALTH

We are accredited against the National Standards for Mental Health Services. This means our services are guided by the principles of recovery orientated mental health practice. Information about these principles can be found at: [www.health.gov.au](http://www.health.gov.au)

TeamHEALTH actively promotes and supports an inclusive and diverse culture. We welcome all people, regardless of age, gender, race, ability, sexual orientation, faith, religion and all other identities represented in our community.

## Contact Us

To be connected with one of our staff please contact TeamHEALTH:

**Head Office Address:**

Level 1, Building 4  
631 Stuart Highway,  
Berrimah, NT, 0828

**Phone:** 1300 780 081

**Website:** [www.teamhealth.asn.au](http://www.teamhealth.asn.au)

*Interpreter and/or Translation Services are available to access our services. Please contact us for more information.*

**Interpreting and Translation Services NT**

**Phone:** (08) 8999 8506 or 1800 676 254

**Email:** [itsnt@nt.gov.au](mailto:itsnt@nt.gov.au) or  
[itsnt.dlqcs@nt.gov.au](mailto:itsnt.dlqcs@nt.gov.au)



## The Ladybird House Program

At TeamHEALTH, we support people where they are and walk alongside them as they build safety, stability and hope for the future.

## What is the Ladybird Program?

The Ladybird Program is a safe, supportive, non-crisis, transitional housing program for women and children who need a place of healing and recovery following the trauma associated with family and domestic violence and/or women who have experienced or are at risk of homelessness.

Supporting the Big Rivers Region, the Ladybird Program provides stable, medium-term accommodation for people who are no longer in immediate crisis but require a secure place to live while planning next steps towards long-term housing, safety and independence.

With funding for the purchase of homes awarded by the Australian Government, The Treasury, the program is designed around safety, healing, and wellbeing. Alongside accommodation, residents are supported through structured, on-site support.



## How The Program Works

The Program provides transitional accommodation, for approximately 6-12 months, depending on individual needs and circumstances, along with support to:

- Build confidence and skills for independent living
- Strengthen safety, wellbeing, and social connections
- Access health, housing and community services

The program is designed to support people to move forward safely and sustainably.

## Our Approach

At TeamHEALTH, we understand that safety and recovery take time. Our approach is:

- **Person-centred** – support is guided by individual goals, needs and choices
- **Trauma-informed** - prioritising safety, dignity, and emotional wellbeing
- **Strength-based** – we build on existing strengths, resources and resilience
- **Community-focused** – fostering respectful shared living and peer connection
- **Culturally safe** – supporting connection to culture, community and identity

## Eligibility & Referrals

Following a needs assessment, Ladybird Program may be suitable for women and children who:

- Are recovering from trauma associated with domestic and family violence
- Require stable accommodation while planning future housing
- Are working toward medium- or long-term housing outcomes
- Are older women at risk of homelessness
- Would benefit from planned support within a shared community setting

The Ladybird Program is not a crisis or emergency service. Referrals are assessed to ensure the program is appropriate for the individuals current needs and circumstances.

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