



Increase supported accommodation and long term housing options by a minimum of 20% across the Northern Territory.



Prevent the cycle of homelessness by providing wraparound support to vulnerable people who are accessing, or trying to access, housing.



Provide short to long term housing options for people based on their individual needs.



Remove barriers commonly faced when trying to access a home.



INCLUSIVE ACCOMMODATION

Provide an inclusive, flexible range of accommodation services to significantly improve mental health outcomes for Territorians.



The mental health services we provide make a significant difference to people's lives, including improved social and emotional wellbeing, physical health and increased community participation and independence.



Double the people we currently support, reducing the occurrence of mental illness in the Northern Territory and decreasing the burden on mainstream services.



Provide mental health services to people who have difficulty accessing them.



Prevent the occurrence of mental illness early in life by providing early intervention services to children and their families.



MENTAL HEALTH SUPPORT

Improve the mental health of the Northern Territory's most vulnerable groups by providing quality, integrated and responsive services.



Create a workplace where all TeamHEALTH people are welcome, difference are celebrated and staff feel accountable, engaged and that their wellbeing is prioritised.



Increase the number of people with a lived experience in our workforce by 100% and empower them to make a difference.



Continuously develop and foster a team who are highly skilled, not only in knowledge but in their ability to relate to and support the richly diverse population of the Northern Territory.



Ensure multi-year income streams from a variety of sources, and diverse income for regional and remote locations.



COMPETENT TEAM

Maintain a competent, innovative organisation with staff who can achieve our Mental Health goals.



Increase mental health awareness and literacy across the Northern Territory to ensure every person knows how and where to seek help.



Actively work to reduce the stigma associated with mental illness, enabling all Territorians to discuss their concerns how and when they need to.



Reduce suicide and suicide attempts through the implementation of culturally informed, evidence based strategies across the Northern Territory.



EDUCATION AND AWARENESS

Save Territorian lives through the provision of targeted, evidence-based education and advocacy.

GOALS ACHIEVED IN 2020-21

Supporting your mental health journey



35% increase

in supported accommodation in 20-21, with ongoing funding secured for existing services through the NT Dept. Health.



Actively progressing new housing opportunities, and have expanded our existing Community Housing by 60% through implementation of shared units

We now provide increased supported accommodation options ranging from crisis support for one week, through to a forever home under NDIS Home and Living

We have actively worked to remove barriers, for example:

- Commenced supporting people who do not have clinical case managers when coming out of hospital
- Allowing people to take pets into long term homes
- Providing person centred arrangements to pay for long term homes, based on how and how much people earn



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3161 participants

across 6 regions in the NT, through 237, 650 hours of support



We have continued to expand our capacity and team to meet the needs of our community:

Year 2017/18	713 participants
Year 2018/19	867 participants
Year 2019/20	1412 participants
Year 2020/21	3161 participants

We have worked hard to expand the hours of operation of our services, created a telephone/digital mental health support line, expanded service in rural and remote regions

Once again, we obtained full accreditation for National Standards for Mental Health Services, with no corrective action taken.



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Best Workplace 2021

awarded by Voice Project



Our staff received an average of

22 hours

of training this year. We understand our team are our biggest investment.

20%

of our workforce have a lived experience of mental illness.

We actively promote lived experience in our workforce planning, recognising the value this perspective brings to our team and provide for our participants.

12%

of our workforce and Aboriginal or Torres Strait Islander - and we continually strive to increase this number in our workforce planning.

36.7%

of our workforce are from a Culturally and linguistically diverse background. We are proud of this, and celebrate our diverse team.



COMPETENT TEAM

Maintain a competent, innovative organisation with staff who can achieve our Mental Health goals.

126 participants

received intensive support following a suicide attempt or crisis



65 events workshops, forums and focus groups

Engaged local communities across the Top End in 65 events, workshops, forums and focus groups for key topics including on suicide prevention, mental health advocacy, lived experience, vital information on accessing services, and so much more.

14 organisations

were provided with education on successfully employing and working with people with lived experience



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