

# TeamHEALTH Residential Supports

TeamHEALTH actively promotes and supports an inclusive and diverse culture. We welcome all people, regardless of age, gender, race, ability, sexual orientation, faith, religion and all other identities represented in our community.



## Papaya

**Who We Support:** The Papaya Sub Acute Care Program is available to all individuals experiencing severe mental illness aged 18 to 64 years old.

Referrals to Papaya are only accepted from the Top End Mental Health Services (TEMHS).

### How We Support:

- The length of stay at Papaya is up to eight weeks
- Mental Health Recovery Workers will work alongside individuals to develop a recovery plan to assist them to achieve their personal goals
- Participants will be supported to take part in daily activities such as cooking, cleaning, shopping and looking after their personal care, to gain the confidence and skills needed to live independently in the community
- Support accessing external services and appointments
- Other opportunities at Papaya include mental health education, participating in regular social outings and exercise activities.

**Location of Support:** Nightcliff, NT

Our residential services are within Darwin, however accessible to all individuals located across the Top End of the Northern Territory. The location is central to shops, public transport, café's and public parkland.

## Supporting your mental health journey



## The Manse

**Who We Support:** The Manse is a 24-hour long-term residential program for individuals aged 18 to 64 years old who have been diagnosed with a mental illness and wish to work towards living independently in the community. Referrals are accepted through Top End Mental Health Services (TEMHS).

### How We Support:

- The length of stay at the Manse is from six months to two years
- Dedicated Mental Health Recovery Workers will work with individuals to develop a recovery plan that will assist in achieving personal goals
- Support includes accessing public transport, cooking, maintaining a home, medication management and managing finances
- Support accessing external services and attending appointments
- Activities include mental health education, participating in regular social outings and exercise.

**Location of Support:** Parap, NT

### Contact Us

To be connected with one of our team  
please contact TeamHEALTH on:

**Head Office Address:** Level 1, Building 4, 631 Stuart Hwy, Berrimah NT 0828

**Phone:** 1300 780 081

**Website:** [www.teamhealth.asn.au](http://www.teamhealth.asn.au)

**Email:** [teamhealth@teamhealth.asn.au](mailto:teamhealth@teamhealth.asn.au)

**Facebook:** [www.facebook.com/TeamhealthNT](https://www.facebook.com/TeamhealthNT)

#### Translator Information

*Interpreter and or translation services are available to access our services, please contact us for more information.*

**Interpreting and Translation Services NT**

**Phone:** (08) 8999 8506 or 1800 676 254

**Email:** [itsnt@nt.gov.au](mailto:itsnt@nt.gov.au) or [itsnt.dlqcs@nt.gov.au](mailto:itsnt.dlqcs@nt.gov.au)

