



# Psychosocial Support Program Remote Communities

We provide strength-based, participant led, capacity building supports to people between the ages of 16 and 64, who have a diagnosed mental illness or who are experiencing mental health concerns.

Our remote work incorporates a holistic approach by embedding the elements of psychosocial supports along with the elements of social and emotional wellbeing.

Across the 10 communities we service, we work closely with local community members to ensure our practice is delivered through the lens of deep cultural protocols.

We use the concept of “Two Worlds” walking as one, where we blend modern day practice with traditional elements to improve overall health.

TeamHEALTH actively promotes and supports an inclusive and diverse culture. We welcome all people, regardless of age, gender, race, ability, sexual orientation, faith, religion and all other identities represented in our community.

We accept referrals from all sources, including self-referral.

**Phone:** 1300 780 081

**Website:** [www.teamhealth.asn.au](http://www.teamhealth.asn.au)

**Email:**

[AdultSupportsReferrals@teamhealth.asn.au](mailto:AdultSupportsReferrals@teamhealth.asn.au)



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