

## TeamHEALTH Home Care Packages

TeamHEALTH actively promotes and supports an inclusive and diverse culture. We welcome all people, regardless of age, gender, race, ability, sexual orientation, faith, religion and all other identities represented in our community.



Who We Support: To be eligible for support for a Home Care Package, individuals are required to have an active My Aged Care or an NDIS package that includes these supports. Non-indigenous adults are required to be 65 and over and Indigenous adults are required to be over 50 years.

If the individual has not already been assessed by an Aged Care Assessment Team (ACAT) for a Home Care Package, they will need to contact My Aged Care on 1800 200 422. If the individual has not already received an NDIS package, our staff are available to support and talk about how to test eligibity.

Who We Support: TeamHEALTH's Home Care Packages program delivers Consumer Directed Care (CDC) and offers older adults tailored support so they can continue living independently in their own home.

Home Care Packages offer a range of support, which can be tailored to meet the individual's needs.

Supporting your mental health journey



The range of supports include:

- Support services: Such as shopping, attending appointments, basic home cleaning and assistance maintaining enjoyed activities in the community
- Personal Care: Including meal preparation, medication prompting, showering and dressing and mobility.

**Location of Support:** Support is available in urban and rural Darwin regions.

## **Contact Us**

To be connected with one of our team please contact TeamHEALTH on:

Head Office Address: Level 1, Building 4, 631 Stuart Hwy, Berrimah NT 0828

Phone: 1300 780 081

Website: www.teamhealth.asn.au

Email: teamhealth@teamhealth.asn.au

Facebook: www.facebook.com/TeamhealthNT

**Translator Information** 

Interpreter and or translation services are available to access our services, please contact us for more information.

Interpreting and Translation Services NT
Phone: (08) 8999 8506 or 1800 676 254
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