



Community Group

Looking for a safe space to connect, share your journey, and boost your wellbeing?
This group is all about YOU!
Enjoy fun activities, meet new people, and nurture your mental health.

Fortnightly Tuesdays between 10:00 – 11:30
Katherine & Big Rivers Region
Transport available upon request
Contact us to join!

Let's grow together in a supportive and welcoming environment!

