

TeamHEALTH Child and Family Supports

TeamHEALTH actively promotes and supports an inclusive and diverse culture. We welcome all people, regardless of age, gender, race, ability, sexual orientation, faith, religion and all other identities represented in our community.



Who We Support: Our Child and Family Wellbeing team work with children who are aged 0-18 years, along with other family members and/or significant adults. We work alongside children and families who are affected by, or are showing early signs of mental health concerns.

How We Support: We support children and families in a very flexible and practical way. Support is child focused and strengths based, meaning that the voice of the child is our priority. We focus on what children and families can do, not what they can't. We work with children to enhance the positives in their lives, and use these to overcome challenges families may be facing and to support children and families to achieve identified goals.

A dedicated Child and Family Wellbeing worker will work alongside families, beginning with listening to what the concerns of the child and family are. We offer a range of support, depending on the individual circumstances and needs.

Types of Support Include:

- Ongoing or more intensive support: which includes regular and ongoing visits with a Child and Family Wellbeing worker, for up to 12 months

Supporting your mental health journey



- Short term support: This may just be a few visits, where we provide information and referrals to other services, as well as other short term support
- We also provide a range of educational groups and workshops (from cooking groups to mental health education) to connect children and families with their local community, and enhance family strengths.

Location of Support: We offer support at our office locations, are able to visit children and families in their homes, or somewhere else suitable to families in the community, such as a play centre or local cafe. Our locations:

Palmerston/Litchfield Unit 10/5 McCourt Road, Yarrowonga, NT, 0830

Katherine: Unit 3/12 Third Street, Katherine, NT, 0850

Gunbalanya: Lot 426, Gunbalanya, NT, 0822

Contact Us

To be connected with one of our team
please contact TeamHEALTH on:

Head Office Address: Level 1, Building 4, 631 Stuart Hwy,
Berrimah NT 0828

Phone: 1300 780 081

Website: www.teamhealth.asn.au

Email: teamhealth@teamhealth.asn.au

Facebook: www.facebook.com/TeamhealthNT

Translator Information

*Interpreter and or translation services are available to access
our services, please contact us for more information.*

Interpreting and Translation Services NT

Phone: (08) 8999 8506 or 1800 676 254

Email: itsnt@nt.gov.au or itsnt.dlqcs@nt.gov.au

