



# Black Cockatoos



**FIRST NATIONS WOMEN'S  
COMMUNITY GROUP**

Holistic activities which empower our indigenous women to take active roles in their recovery.

We focus on social and emotional wellbeing.

**Achieve wellness.  
Build resilience. Positive  
practice.**

Fortnightly Friday mornings between 10:00am and 12:00pm across various locations in Darwin & Palmerston.

\*For Adults between the ages of 16-64

