



Supports provided by TeamHEALTH

We are accredited against the National Standards for Mental Health Services. This means our services are grounded in recovery-oriented practice, supporting people to live full, valued lives on their own terms. Information about these principles can be found at: www.health.gov.au.

TeamHEALTH actively promotes and supports an inclusive and diverse culture. We welcome all people, regardless of age, gender, race, ability, sexual orientation, faith, religion and all other identities represented in our community.

Contact Us



To be connected with one of our staff please contact TeamHEALTH:

Head Office Address:

Unit 8a/69 Progress Drive,
Nightcliff, NT, 0810

Phone: 1300 780 081

Website: www.teamhealth.asn.au

Interpreter and/or Translation Services are available to access our services. Please contact us for more information.

Interpreting and Translation Services NT

Phone: (08) 8999 8506 or 1800 676 254

Email: itsnt@nt.gov.au or itsnt.dlqcs@nt.gov.au



Supported Housing

Supporting your mental health journey

What is Supported Housing?

A settled home makes room for everything else. When you're not sure where you'll be living next, it's hard to focus on your health, hold to a routine, or plan ahead. A stable place to live for a while, with support alongside, gives you a steady base to work from and to take the next step when you're ready.

Supported Housing offers medium-term accommodation for adults who are at risk of experiencing homelessness. The program offers a place in a shared home in the Greater Darwin region, with staff on-site and support that helps you hold a tenancy, look after your wellbeing, and plan your move into long-term housing.

The program offers structured shared accommodation combined with tenancy and recovery support. The end goal is stability, skills and confidence to move into a home of your own. Most people are with the program for six to twelve months. Progress is reviewed regularly and the focus stays on being ready for the transition into longer-term housing.

Supported Housing is delivered by TeamHEALTH, with funding from the Northern Territory Department of Children and Families.



What we offer

- **A stable place to live** - supported transitional accommodation in shared houses across Greater Darwin with on-site staff
- **Tenancy and recovery support** - culturally safe, one-to-one support shaped around your pace and goals, covering both the everyday realities of holding a tenancy and your wellbeing along the way
- **Living as part of a household** - sharing the running of the house day-to-day and taking part in house meetings where decisions are made together
- **An individual plan built around you** - a personal plan, reviewed regularly, focused on your goals and planning for long-term housing
- **Warm connections to other supports** - supported introductions to health, cultural, employment and education services, and a hand with the practical side of settling into the community, as needed
- **Support after the move** - up to three months of aftercare once you've settled into long-term housing

Who the program is for

Supported Housing has two streams:

- **Strong Foundations** - aged 18 or over; open to living in a shared home; ready to take part in structured, goal-focused support; currently at risk of, or experiencing, homelessness
- **Pathways Home** - aged 18 or over; open to living in a shared home; ready to take part in structured, goal-focused support; currently at risk of, or experiencing, homelessness, associated with recent departure from custody, or where a forensic history is preventing safe and stable housing

A referral is the first step, and referrals are welcome from anyone. You can refer yourself, or reach out on behalf of someone else. If you'd like support with the referral, give us a call, and we'll walk you through it.

Phone: 1300 780 081

Website: www.teamhealth.asn.au

Email: teamhealth@teamhealth.asn.au

