



Supports Provided by TeamHEALTH

We are accredited against the National Standards for Mental Health Services. This means our services are guided by the principles of recovery orientated mental health practice. Information about these principles can be found at: www.health.gov.au

TeamHEALTH actively promotes and supports an inclusive and diverse culture. We welcome all people, regardless of age, gender, race, ability, sexual orientation, faith, religion and all other identities represented in our community.

Contact Us

To be connected with one of our staff please contact TeamHEALTH:

Head Office Address:

Level 1, Building 4
631 Stuart Highway,
Berrimah, NT, 0828

Phone: 1300 780 081

Website: www.teamhealth.asn.au

Interpreter and/or Translation Services are available to access our services. Please contact us for more information.

Interpreting and Translation Services NT

Phone: (08) 8999 8506 or 1800 676 254

Email: itsnt@nt.gov.au or
itsnt.dlqcs@nt.gov.au



Support at Home Program

Supporting your mental health journey



What is Support at Home?

The Support at Home Program is a government-subsidised program that provides approved funding to help older Australians access care services that maintain independence and enhance quality of life.

Through this program, participants have the flexibility to choose the type of care and services they receive, how these are delivered, and the level of support that best suits their needs.

TeamHEALTH's Support at Home services are available in Darwin and Palmerston.

Our Approach

At TeamHEALTH, we take the time to listen and understand what matters most to each person. Our services are flexible, transparent, and designed to support independence and wellbeing.

With clear pricing and no hidden fees, you can plan your care with confidence and make the most of your Support at Home funding.

What We Offer

We provide a wide range of supports under the Support at Home Program, including:

- **Help around the home** – cleaning, laundry, meal preparation, and home maintenance
- **Personal care** – assistance with showering, grooming, and daily routines
- **Social and community support** – companionship and opportunities to stay connected
- **Transport** – to appointments, shopping, and social outings
- **Respite care** – giving carers a break while ensuring your loved one is supported
- **Care planning and coordination** – working with you to get the most from your funding

What Makes Us Different

- **Northern Territory-based** – We understand the Territory because we live here too
- **Culturally safe and inclusive** – Services that respect your values, culture, and background
- **Flexible and responsive** – We adapt as your needs change; there's no one-size-fits-all approach
- **Transparent pricing** – No hidden fees, so you know exactly what you're paying for
- **People-first focus** – We build genuine relationships based on trust and understanding

How to Access

Referrals are accepted from My Aged Care, healthcare professionals, or directly from individuals and carers.

Phone: 1300 780 081

Website: www.teamhealth.asn.au

Email: teamhealth@teamhealth.asn.au



Darwin

Level 1, Building 4, 631 Stuart Highway,
Berrimah, NT, 0828

