



Supports provided by TeamHEALTH

We are accredited against the National Standards for Mental Health Services. This means our services are grounded in recovery-oriented practice, supporting people to live full, valued lives on their own terms. Information about these principles can be found at: www.health.gov.au.

TeamHEALTH actively promotes and supports an inclusive and diverse culture. We welcome all people, regardless of age, gender, race, ability, sexual orientation, faith, religion and all other identities represented in our community.

Contact Us



To be connected with one of our staff please contact TeamHEALTH:

Head Office Address:

Unit 8a/69 Progress Drive,
Nightcliff, NT, 0810

Phone: 1300 780 081

Website: www.teamhealth.asn.au

Interpreter and/or Translation Services are available to access our services. Please contact us for more information.

Interpreting and Translation Services NT

Phone: (08) 8999 8506 or 1800 676 254

Email: itsnt@nt.gov.au or
itsnt.dlqcs@nt.gov.au



Ready to Rent Program

Supporting your mental health journey



What is Ready to Rent?

Getting a private rental usually depends on a rental history and steady references, and that history is hard to build without stable housing to begin with. For people who've experienced homelessness, or a time when housing has fallen away, the private market can be a difficult one to return to.

Ready to Rent is a supported path forward, transitional housing for individuals and families across the Greater Darwin region, and a stable place to live while building the skills, confidence and rental history to move into a long-term home.

Support comes from experienced workers, and each person works towards their own goals and the confidence to manage a tenancy independently. Most participants are with the program for 6-12 months, with progress reviewed regularly and aftercare in place once they move on.

Ready to Rent is delivered by TeamHEALTH, with funding from the Northern Territory Department of Children and Families.

What We Offer

Ready to Rent combines a stable place to live and practical, tenancy-focused support, so each person has the best possible chance of finding, and keeping, a home in the community.

- **A stable place to live** - Supported transitional accommodation across Greater Darwin, offering a safe, settled base for the length of the program
- **Tenancy and recovery support** - Culturally secure, one-on-one support shaped around each person's pace and goals
- **Individual recovery plans** - A personalised plan, reviewed regularly, focused on the skills and confidence to hold a long-term tenancy
- **Warm referrals to other supports** - Supported introductions to health, employment, education and community services
- **Support after the move** - up to three months of aftercare once someone has settled into long-term housing



Who It's For

The program is open to individuals and families who:

- Are aged 18 years or over, or are a family
- Live in the Greater Darwin Region
- Are currently experiencing or at risk of homelessness
- Intend to transition into the long-term rental market
- Are facing barriers to finding or keeping a private rental, whether personal, social or systemic factors

Referrals are accepted from all sources, including self-referral.

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