



headspace
Palmerston

Team
HEALTH



LBGTQIA+

YOUTH SUPPORT GROUP



Looking for a safe and supportive space to be yourself? This is a safe, youth-led space to connect, share, and explore what matters to you.

Talk identity, history & current issues.
Make new friends and share your story.
Grow in a supportive community.

Snacks provided.

Come as you are.
all identities welcome.

headspace Palmerston
First Monday of every month
2:30 - 4:00 pm | Ages 12 - 18

Contact Rene Madeddu (TeamHEALTH) 0408 385 397
Kimmie Mychas (headspace) 0447 587 797

