

day 2 day living

January 2018

Monday

Tuesday

Wednesday

Thursday

Friday



2

Welcome back after Christmas break stories
10-12
Healthy Living Lunch
12pm
Crochet Poppy Making
1p-3pm

3

Participant Meeting
10-11am
Cultural Cooking
12pm
Pampering & Relaxation
1.30-3pm

4

Our Garden Project
Jingili Gardens – Departs
D2DL 10am
Healthy Living Lunch
12pm
Ten Pin Bowling
1.30-3pm

5

Music & Song With Sean
10-12
Healthy Living Lunch
1pm
Movie & Popcorn
1-3pm

8

Mandela Art
10-11am
Healthy Living Lunch
12pm
Relaxation
1.30pm

9

Lets get creative
10-11am
Healthy Living Lunch
12pm
Crochet Poppy Making
1-3pm

10

Jewellery Making with Kate
10-11
Healthy Living Lunch
12pm
Pampering & Relaxation
1.30-3pm

11

Our Garden Project
Jingili Gardens Departs
D2DL 10am
Healthy Living Lunch
12pm
Jewellery Making
With Kate
1-3pm

12

Modernisation of Anti-Discrimination Act
Discussion and feedback session
11-12
Swimming @ Nightcliff
1pm-3pm

15

NDIS Information Session
10-11
Healthy Living Lunch
12pm
Well-Being Activities
1-3pm

16

Haircuts with Tash @ D2DL 11:30-1.30
Healthy Living Lunch
12pm
Crochet Poppy Making
1p-3pm

17

Jewellery Making with Kate
10-11
Cultural Cooking
12pm
Pampering & Relaxation
1.30-3pm

18

Our Garden Project
Jingili Gardens Departs
D2DL 10am
Healthy Living Lunch
12pm
Ten Pin Bowling
1.30-3pm

19

Music & Song With Sean
10-12
Healthy Living Lunch
12pm
Movie & Popcorn
1-3pm

22

Mandela Art
10-11am
Healthy Living Lunch
12pm
Relaxation
1.30pm

23

Our Garden Project
Jingili Gardens Departs
D2DL 10am
Healthy Living Lunch
12pm
Crochet Poppy Making
1p-3pm

24

Jewellery Making with Kate
10-11
Healthy Living Lunch
12pm
Pampering & Relaxation
1.30- 3pm

25

Gateway Shopping
10-12
Healthy Living Lunch
12pm
Sewing and Quilting
With Kate 1-3pm



29

Mandela Art
10-11am
Healthy Living Lunch
12pm
Well-Being Activities
1-3pm

30

Our Garden Project
Jingili Gardens – Departs
D2DL 10am
Healthy Living Lunch
12pm
Crochet Poppy Making
1p-3pm

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CLOSED
All Staff Meeting

TEAMhealth

Rapid Creek Business Village
48 Trower Road, Millner NT 0810
Monday to Friday from 9.30am – 3.00pm
(08) 8948 4055

Notes

Participant Meeting: Wednesday 03rd January 10am

Modernisation of Anti-Discrimination Act

Discussion and feedback session Friday 12th Jan 11am