day 2 day living
December 2017
Tuesday



TOP END ASSOCIATION FOR MENTAL HEALTH INC
Thursday Friday

1

Music & Song With Sean 10-12

Healthy Living Lunch

Christmas Decorating at D2DL 1-3pm

4

Our Garden Project
Jingili Gardens Departs
D2DL 10am

Healthy Living Lunch 12pm

Well Being Activities 1-3pm 5

Christmas Craft Making With Sandra 10-12

Healthy Living Lunch 12pm

Crochet Poppy Making 1p-3pm 6

Participant Meeting 10-11am

Cultural Cooking 12pm

Pampering & Relaxation 1.30-3pm

7

Rights On Show Art Exhibition @ Supreme Court 10-12

Healthy Living Lunch 12pm

Movie and Popcorn 1-3pm 8

Participants & Carers Christmas Party @ Rydges

11

Our Garden Project
Jingili Gardens Departs
D2DL 10am

Healthy Living Lunch 12pm

Well Being Activities 1-3pm 12

Christmas Craft Making With Sandra 10-12

Healthy Living Lunch 12pm

Crochet Poppy Making 1p-3pm 13

Crafts with Kate 10-11am Healthy Living Lunch

12pm

Pampering & Relaxation 1.30-3pm

14

Mandela Art 10-11

Healthy Living Lunch 12pm

Ten pin Bowling 1-30-3pm

15

Palmerston

CLOSED STAFF Christmas Party

18

NDIS Information Session 10 - 11 Healthy Living Lunch

12pm

Well Being Activities 1-3pm 19

Christmas Craft Making With Sandra 10-12

Healthy Living Lunch 12pm

Haircuts with Tash @ D2DL 12-2 20

Christmas Sing A Long 10-12

Christmas Lunch 12pm

Pampering & Relaxation 1.30-3pm

21

Christmas theme Cake & Biscuit baking 10-12 Healthy Living Lunch

12pm

Sewing and Quilting
With Kate 1-3pm

22

Music & Song With Sean

Healthy Living Lunch

Movie &Popcorn 1-3pm

25

Closed

26

Closed



27

Closed



28

Closed



29

Closed



TEAMhealth

Rapid Creek Business Village 48 Trower Road, Millner NT 0810 Monday to Friday from 9.30am – 3.00pm (08) 8948 4055 TEAMhealth and D2DL would like to wish all our participants, carers and stakeholders a very Merry Christmas and prosperous New Year