day 2 day NOVEMBER 2019



Monday	Tuesday	Wednesday	Thursday	Supporting your mental health journe Friday
4	5	6	7	8
Monday Movie – StarWars The Last Jedi 10:00 – 12:00 Healthy Living Lunch 12:00 Fun & Games with Pete 1:00 – 2:00 Common Sense Day	Fun & Games with Pete 10:00 – 12:00 Healthy Living Lunch 12:00 Melbourne Cup with Hermy 1:00 – 2:00	Frisbee in Jingili Park with Pete 10:00 – 12:00 Healthy Living Lunch 12:00 Art & Crafts with Ellie 1:00 – 2:00	Art & Crafts with Tricia 10:00 – 12:00 Healthy Living Lunch 12:00 Fun Games with Jason 1:00 – 2:30 Men Make Dinner Day	Morning Stroll with Jesspreet 10:00 – 12:00 Healthy Living Lunch 12:00 Friday Film - Shazam 1:00 - 2:30 Tongue Twister Day
11	12	13	14	15
Monday Movie – Tropic Thunder 10:00 – 12:00 Healthy Living Lunch 12::00 Origami with Peter & Tom 1:00 – 2:00	Art & Crafts with Ellie & Hermy 10:30 – 11:30 Healthy Living Lunch 12:00 Fun & Games with Pete 1:00 – 2:00	Art & Crafts with Ellie 10:00 – 12:00 Healthy Living Lunch 12:00 Participant Meeting & Kind Words with Pete 1:00 – 2:00	Art & Crafts with Tricia 10:00 – 12:00 Healthy Living Lunch 12:00 Fun Games with Jason 1:00 – 2:00 Pickle Day	Music Jams with Albert 10:00 – 11:00 Healthy Living Lunch 12:00 Frisbee in Jingili Park with Jesspreet 1:00 – 2:00 Clean Out Refrigerator
18	19	20	21	22
Monday Movie – Alita BattleAngel 10:00 – 12:00 Healthy Living Lunch 12:00 Learning Games with Tom 1:00 – 2:00	Frisbee in Jingili Park with Pete 11:00 – 12:00 Healthy Living Lunch 12:00 Art & Crafts with Ellie & Hermy 1:00 – 2:00	Art & Crafts with Ellie 10:00 – 12:00 Healthy Living Lunch 12:00 Joke writing with Pete 1:30 – 2:30 National Absurdity Day	Art & Crafts with Tricia 10:00 – 12:00 Health Living Lunch 12:00 Fun Games with Jason 1:00 – 2:00 Use Less Stuff Day World Hello Day	Frisbee in Park with Jesspreet 10:00 – 12:00 Health Living Lunch 12:00 Friday Film – Godzilla King of Monsters 1:00 – 2:00
25 Art & Crafts with Ellie 10:00 – 12:00 Healthy Living Lunch 12:00 Learning Games with Tom 1:00 – 1:00	Jingili Park Walk with Hermy 10:00 – 11:00 Healthy Living Lunch 12:00 Xmas Preparations Peter 1:00 – 2:00	27 CLOSED MORNING 10:00 – 12:00 OWN LUNCH 12:00 Art & Crafts with Hermy 1:30 – 2:30	28 Art & Crafts with Tricia 10:00 – 12:00 Healthy Living Lunch 12:00 Fun Games with Jason 1:00 – 2:00 Thanksgiving Day	29 Frisbee in Park with Jesspreet 10:00 – 12:00 Healthy Living Lunch 12:00 Friday Film – Incredibles 2 1:00 – 2:00
2	3	4	5	6

TeamHEALTH Day2Day Living
Rapid Creek Business Village, Suite 29B
48 Trower Road, Millner NT 0810
Monday to Friday from 9.30am – 3.00pm
(08) 8948 4055

note Closed until 12:00 on 27th Nov for Our Staff All Purpose Meeting.