

# day 2 day

August 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>31</b></p> <p>Board Games 10:00 – 12:00</p> <p>Healthy Living Lunch 12:00</p> <p>Relaxation 1:00 – 2:00</p>			<p><b>1</b></p> <p>Board Games/Bingo 10:00 – 12:00</p> <p>Healthy Living Lunch 12:00</p> <p>Movie 1:00 – 2:30</p>	<p><b>2</b></p> <p>Art &amp; Craft 10:00 – 12:00</p> <p>Healthy Living Lunch 12:00</p> <p>Baking with Jess 12:30 – 2:30</p>
<p><b>5</b></p> <p><b>CLOSED</b></p> <p>Public Holiday</p>	<p><b>6</b></p> <p>Bingo/Board Games 10:00 – 12:00</p> <p>Cultural Lunch 12:00</p> <p>Music with Brent 1:00 – 2:00</p>	<p><b>7</b></p> <p>Excursion to Waterfront 10:00 – 12:00</p> <p>Healthy Living Lunch 12:00</p> <p>Relaxation 1:30 – 2:30</p>	<p><b>8</b></p> <p>Board Games/Bingo 10:00 – 12:00</p> <p>Healthy Living Lunch 12:00</p> <p>Music with Brent 12:30 – 2:30</p>	<p><b>9</b></p> <p>Zumba 10:30 – 11:00</p> <p>Healthy Living Lunch 12:00</p> <p>Art &amp; Craft 12:30 – 2:30</p>
<p><b>12</b></p> <p>Mandela Colouring 10:00 – 12:00</p> <p>Healthy Living Lunch 12:00</p> <p>Relaxation 1:00 – 2:00</p>	<p><b>13</b></p> <p>Art &amp; Craft with Hermy 10:00 – 12:00</p> <p>Healthy Living Lunch 12:00</p> <p>Haircuts with Tash 1:00 – 2:00</p>	<p><b>14</b></p> <p>Excursion to Nightcliff Jetty 10:00 – 12:00</p> <p>Healthy Living Lunch 12:00</p> <p>Relaxation 1:00 – 2:00</p>	<p><b>15</b></p> <p>Board Games/Bingo 10:00 – 12:00</p> <p>Health Living Lunch 12:00</p> <p>Mandela Colouring 1:00 – 2:00</p>	<p><b>16</b></p> <p>Jingili Water Park 10:00 – 12:00</p> <p>BBQ Lunch 12:00</p> <p>Relaxation 1:00 – 2:00</p>
<p><b>19</b></p> <p>Art &amp; Craft 10:00 – 12:00</p> <p>Healthy Living Lunch 12:00</p> <p>Participant Meeting 12:30 – 1:00</p>	<p><b>20</b></p> <p>Bingo/Board Games 10:00 – 12:00</p> <p>Cultural Lunch 12:00</p> <p>Music with Brent 12:30 – 2:00</p>	<p><b>21</b></p> <p>Art &amp; Craft with Ellie 10:00 – 12:00</p> <p>Healthy Living Lunch 12:00</p> <p>Drumbeat 12:30-1:30 Pampering &amp; Relaxation 1:30 – 2:30</p>	<p><b>22</b></p> <p>Board Games/Bingo 10:00 – 12:00</p> <p>Healthy Living Lunch 12:00</p> <p>Relaxation 1:00 – 2:00</p>	<p><b>23</b></p> <p>Art &amp; Craft 10:00 – 12:00</p> <p>Healthy Living Lunch 12:00</p> <p>Music with Albert 12:30 – 2:30</p>
<p><b>26</b></p> <p>Mandela Colouring 10:00 – 12:00</p> <p>Healthy Living Lunch 12:00</p> <p>Art &amp; Craft 1:00 – 2:00</p>	<p><b>27</b></p> <p>Arts &amp; Craft 10:00 – 12:00</p> <p>Healthy Living Lunch 12:00</p> <p>Music with Brent 12:30 – 2:00</p>	<p><b>28</b></p> <p><b>CLOSED</b> Staff in Training</p>	<p><b>29</b></p> <p>Board Games/Bingo 10:00 – 12:00</p> <p>Healthy Living Lunch 12:00</p> <p>Art &amp; Craft 1:00 – 2:00</p>	<p><b>30</b></p> <p>Art &amp; Craft 10:00 – 12:00</p> <p>Healthy Living Lunch 12:00</p> <p>Mandela Colouring 12:30 – 2:30</p>

TeamHEALTH  
Rapid Creek Business Village  
48 Trower Road, Millner NT 0810  
Monday to Friday from 9.30am – 3.00pm  
(08) 8948 4055

**note** Closed Monday 5<sup>th</sup> Public Holiday  
Closed Wednesday 28<sup>th</sup> Staff Training