



Child and Family Wellbeing Service

The Child and Family Wellbeing Service (CFWS) offers early intervention supports for children and/ or young people and their families presenting with, or at risk of developing, mental health concerns or mental illness.

Mental health concerns can start at a young age. Early intervention teaches kids skills for positive wellbeing and aims to prevent future mental illness as children grow up to avoid long-term impact. We support children and young people aged 0-18 years, and their families.

All people are welcome at TeamHEALTH, regardless of age, gender, race, ability, sexual orientation, faith, religion and all other identities represented in our community.



We tailor our supports based on the child and/or young person's needs, strengths, and preferences. Our workers assist in creating a Family Action Plan to address mental health or wellbeing goals for the child and/or young person. We can offer support at different locations such as their home, school, parks or other community spaces where the young person feels comfortable.

Short-term One-to-One Support up to six weeks – service navigation and referrals, mental health education and skills building.

Long-term One-to-One Support - 3-12 months comprehensive support, pending child and/or young persons and family needs.

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