

Position Information

Position Title	Senior Child and Family Wellbeing Practitioner
Program	Child and Family Wellbeing Service / Big Rivers Children and Family Intensive Support
Reports to	Katherine Regional Manager
Direct reports	
Award	Social, Community, Home Care and Disability Services Industry Award 2010
Award classification	Level 4

Organisation Information

TeamHEALTH has been providing services to people with mental illness in the Northern Territory for over 30 years, established by a group of relatives and service providers of people with a mental illness who wished to provide stable, safe, accommodation for their family members.

Service delivery has developed overtime now providing a range of supports focusing on prevention, early intervention and recovery including residential services for people with severe and persistent mental illness, a community housing service, individual recovery and group-based support, together with early intervention support, home based aged care support, mental health promotion and education.

TeamHEALTH's vision is that all people should lead a full and valued life. This is articulated through our purpose and operational philosophy of creating community capacity for good mental health, to enable people to live a full and valued life through the provision of supports, advocacy and education. Success in achieving our purpose requires consolidation of existing work, the use of evidence-based approaches and an adaptable skilled organisation.

About the programs

Within the Katherine and Big Rivers region, TeamHEALTH deliver various programs to Children, Families and Adults. These include the Child and Family Wellbeing Service, Child and Family Intensive Support Service (CaFIS), the Resilient Children's Mental Health Awareness Program (RCMHAP) and the Recovery Assistance Program (RAP).

The Child and Family Wellbeing Service provides early intervention support to vulnerable families with children and young people who are showing early signs of, or are at risk of developing a mental illness, to improve their wellbeing and enable them to better participate in their communities and reach their full potential. The key outcomes are:

- Children and young people have improved emotional health and wellbeing
- Children and young people can better manage the different aspects of their lives
- Families and carers are helped to support their children and young people
- Communities have a better understanding of and response to mental health issues that affect children and young people.

In partnership with Kalano Community Association, TeamHEALTH deliver the Big Rivers Child and Family Intensive Support (CaFIS) service, a co-designed intensive family support program for at-risk children and families. CaFIS activities will build on early intervention approaches in the Child and Family Wellbeing service to include elements of holistic and family-based case support interventions in a culturally safe and appropriate way with the aim to

integrate supports with other service provider programs to support stronger outcomes for children and families across the Big Rivers region. The Program further aims to support families, strengthen relationships, improve the wellbeing of children and young people and increase participation of people in the community to enhance family and community functioning.

Position Summary

Reporting to the Katherine Regional Manager, the Senior Child and Family Wellbeing Practitioner will:

- work closely with the Youth and Family Services Manager at Kalano to focus on delivering intensive family support, risk assessment, risk minimisation and relapse prevention approaches for participants referred to the CaFIS Program.
- work closely with the Regional Manager to deliver strength-based, timely and culturally safe case management and activities to children, young people and families in line with the Intensive Child and Family Wellbeing Service Program Guidelines. Outreach support is also provided to assist in the development and implementation of participant centred Family Action Plans.
- be responsible for developing collaborative partnerships, to facilitate the development of strong community relationships and support for increased knowledge and understanding of mental illness. Establish strong referral pathways, to reach vulnerable children, young people and families who may not otherwise engage with the mental health or children's service sector.
- provide education, training and information to promote awareness and support change, maintain safety and improve relationships to help keep families together through mentoring of other workers in case management and direct intervention approaches.
- develop and deliver mental health education sessions for the purpose of upskilling CaFIS case workers from both TeamHEALTH and Kalano Community Association.

The role will be key in establishing professional and supportive relationships with clinical services such as Top End Mental Health Service (TEMHS) and will be responsible for identifying gaps in services for participants and making recommendations on methods or new services by which these gaps and system improvements can be addressed.

Although the Senior Child and Family Wellbeing Practitioner provides services in the Katherine region, they at times may be required to provide support or assistance to other TeamHEALTH programs/regions. This may involve travel that entails overnight or weekly absences.

Key Result Areas

1. Participant Support Services

- 1.1. Work closely with the Kalano-TeamHEALTH consortium in the development and delivery of a co-designed, range of early intervention services for at risk children.
- 1.2. Actively engage (including outreach visits) children, young people and families, including those who may be resistant, by being flexible, responsive, strengths-focused and creative.
- 1.3. Provide interventions that improve outcomes of target families, particularly the safety and wellbeing of children and young people.
- 1.4. Conduct risk and needs assessments using relevant and contemporary frameworks, theory and practice models.
- 1.5. Provide complex case management and direct interventions (including parenting development) to achieve agreed goals.

- 1.6. Partner with the Kalano case workers to develop and review action plans aimed at improving outcomes. This includes supporting the family's connection with formal and informal supports and services in the community to promote a collaborative care team around the family.
- 1.7. Consult with other professionals as required, such as Child Protection and the Aboriginal Liaison Worker.
- 1.8. Mentor Case Managers and other Team members with challenging assessments and workload, guiding and supporting them in the use of relevant and contemporary approaches.
- 1.9. Monitor and oversee clinical governance aspects of the service to ensure integrated, high quality and responsive service delivery.

2. Relationship Management

- 2.1. Foster and maintain effective and professional working relationships with TeamHEALTH's programs and key stakeholders, including local schools and 'first-to-know' agencies.
- 2.2. Maintain a safe and positive relationship when working with children and young people.
- 2.3. Work effectively with persons of Indigenous and Culturally and Linguistically Diverse (CALD) backgrounds.
- 2.4. Uphold the TeamHEALTH values of Integrity, Accountability, Wellbeing and Respect in all engagement with staff, participants, carers and external contacts.

3. Mental Health Promotion

- 3.1. Assist in the planning, coordination and delivery of community outreach, mental health promotion/education and community development activities to increase local capacity to identify, understand and respond to mental health needs of children and young people.
- 3.2. Facilitate mental health literacy education sessions to children (typically ages 8-12) in an engaging, confident and age-appropriate way.
- 3.3. Adapt service delivery in response to diverse and dynamic context (children's ages, learning difficulties, disability, group numbers, cultural norms, language barriers etc)
- 3.4. Complete data reporting requirements associated with the service delivery including attendance register, pre and post evaluations scheduling and project administration with support from Regional Manager.

4. Reporting and Administration

- 4.1. Develop and document outcomes of Family Action Plans on a regular basis and assist the Regional Manager to undertake relevant data collection and evaluation.
- 4.2. Ensure participant case notes are updated daily, Family Action Plans documented and reviewed three monthly with Participant Information Sheets, consent forms and measured outcomes updated six monthly.
- 4.3. Ensure that all internal and external reporting, where required, is accurate and completed within timeframes required by funding agreements and TeamHEALTH.
- 4.4. Participate in the development and use of evaluation tools and processes, in-line with the programs funding agreement.
- 4.5. Assist with regular support, mental health education and supervision of staff in the Kalano Team.
- 4.6. Actively participate in regular support and supervision with the Regional Manager, including continued professional development and performance reviews.

Key Selection Criteria

TeamHEALTH recognises the value of experience in all facets of life and work and encourages individuals with a lived experience of mental illness to apply.

All TeamHEALTH Staff

1. A National Police Certificate that was issued less than two years ago or proof of an application for a National Police Certificate.
2. A current NT Driver's Licence
3. A current Working with Children Check and NDIS Worker Screening Clearance
4. NDIS Worker Orientation Module Certificate.

Essential for Position

5. Relevant tertiary qualification in Social Work, Counselling, Psychology or less formal qualifications with substantial experience in a related or similar areas.
6. Demonstrated cultural competency in working with Aboriginal and Torres Strait Islander children, young people and families.
7. Demonstrated experience and application of the strength-based approach and competence in a range of interventions relevant to children and young people, conducting risk and needs assessments and implementing action plans.
8. Demonstrated ability to build relationships and communicate effectively with key stakeholders including participants, community members and other services.
9. Demonstrated ability to lead, coach and develop staff to ensure they perform and reach their full potential.
10. Action orientated, flexible and innovative with the ability to work independently and as part of a small team.
11. Demonstrate a high level of communication skills, including written and verbal, and demonstrated computer literacy.
12. Demonstrated ethical work practices including the limits of confidentiality and the use of appropriate personal boundaries.

Desirable for Position

13. Demonstrate knowledge and/or experience in Domestic and Family Sexual Violence (DFSV).
14. Demonstrated knowledge and/or experience working in rural and remote settings.
15. Experience in the delivery of training to young people and adults in both individual or group settings.

Position Description Approval

Approved by	Julia Wormer, Executive Manager, Mental Health Supports
Date approved	10 June 2025
Signature	