



**To make a significant contribution to
the provision of quality, life enhancing
mental health services.**

INFORMATION BOOKLET

TEAMhealth History

TEAMhealth has been providing services to people with a mental illness in the Northern Territory since 1987. TEAMhealth was established by a group of concerned relatives and service providers of people with a mental illness who wished to provide stable, safe accommodation for their family member. A residential program was established in Parap at “the Manse”.

TEAMhealth’s services grew throughout the 1990’s with the acquisition of funds to provide additional outreach programs to people in the Darwin area. Further housing options were also developed through the Community Housing Program (CHP) and the sub acute residential program was developed.

Since 2004, TEAMhealth has developed its services further and now provides a range of services across the lifespan from early intervention promotional services to aged care for older people with a mental illness. Service to assist people with very low needs to those with intensive high needs, from Sub Acute alternatives to hospital to one on one support for people in remote Indigenous communities.

TEAMhealth’s services are provided within a model of recovery focused on psychosocial rehabilitation and within the framework of the National Mental Health Plan and Standards. TEAMhealth works closely with other specialist service providers such as Top End Mental Health Services (TEMHS), drug/alcohol services and other non-government organisations.

Vision

A community that understands mental health and the impacts of mental illness and is committed to all people leading full and valued lives.

Mission

To make a significant contribution to the provision of quality, life enhancing mental health services.

Community Aged Care Packages (CACP) are an individualised planned and coordinated package of community care services designed to meet older people's daily care needs to live independently in the community. CACP provide case management to older people with low to medium support needs. The program specialises in supporting older people with mental illness.

Community Housing Program (CHP) provides medium and long term housing options for clients who have the capacity to live independently. Share and non-shared housing options are available. CHP tenants receive support from TEAMhealth's Recovery Assistance Program (RAP) and other outreach programs.

Day to Day Living program (D2DL) provides drop in, structured and socially based activity programs. D2DL provides group work training in psychosocial rehabilitation framework and assists people to relearn skills with a view of obtaining employment.

Family and Youth Services provides support for families where a parent has a mental illness, young people (aged between 16-24years) and Indigenous families where a family member is affected by mental illness.

The Manse is a specialist 24hr long-term psychosocial rehabilitation program designed to support people with a psychiatric disability who are unable to live independently in the community. The program focuses on relearning or learning life skills within a psychosocial rehabilitation framework in the areas of living, learning, socialising and working with the aim to support people living independently in the community.

Personal Helpers and Mentors (PHaM) is designed to improve the quality of life of individuals with a functional limitation resulting from a mental illness. The aim of the program is to provide increased opportunities for recovery for people by providing access to appropriate support services, increased personal capacity and self reliance and increased community participation.

Recovery Assistance Program (RAP) provides recovery focused psychosocial rehabilitation promoting the development and achievement of life goals and skills. The RAP also provides support to people living in our Community Housing Program (CHP).

Respite provides options for people caring for a person with a mental illness. The program provides flexible respite options including in home respite, overnight stays and one day or longer activities.

Sub Acute Program (Papaya) provides intensive individualised support to people experiencing an exacerbation of the symptoms of a mental illness. It aims to reduce hospital admission and improve the likelihood of early discharge from Cowdy Ward at Royal Darwin Hospital.

**TEAMhealth values your feedback.
If you have any comments or ideas
of how we can improve our service
we would like to hear from you.**

For Further Information Contact

TEAMhealth Head Office

GPO Box 4050, Darwin NT 0801

Level 5, 62 Cavenagh Street, Darwin NT 0800

Website: www.teamhealth.asn.au

Email : teamhealth@teamhealth.asn.au

Darwin: 08 8943 9600

Fax: 08 8943 9601

Katherine: 08 8971 3344

PO Box 638 Katherine NT 0850

Alice Springs: 08 8953 4193

PO Box 4144, Alice Springs NT 0870